

Minimising Harm By
Maximising Prevention



Coalition of Alcohol and Drug Educators

Dalgarno
INSTITUTE



DALGARNO INSTITUTE



**EDUCATION
ADVOCACY
RESOURCING**

ORGANISATION INFO AND CONTACT

ORGANISATION
DALGARNO INSTITUTE



ADDRESS
PO BOX 7005, DANDENONG,
VIC, 3175
AUSTRALIA



CONTACT
E : DIRECTOR@DALGARNOINSTITUTE.ORG.AU
W : WWW.DALGARNOINSTITUTE.ORG.AU



**Dalgarno
Institute**



Welcome to Dalgarno Institute

STATEMENT OF CONFIDENTIALITY

This material contained in our response and any material or information disclosed during of discussions of the proposal represents the proprietary, confidential information pertaining to our services, methodologies and methods. Other products name and brand my be trademarks or redgesterd trademarks of their respective owners.



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DALGARNO

The introduction

Dalgarno Institute (Coalition of Alcohol and Drug Educators)



“Resilient communities
don’t use drugs – Resilient
families don’t want them!”

Dalgarno Institute

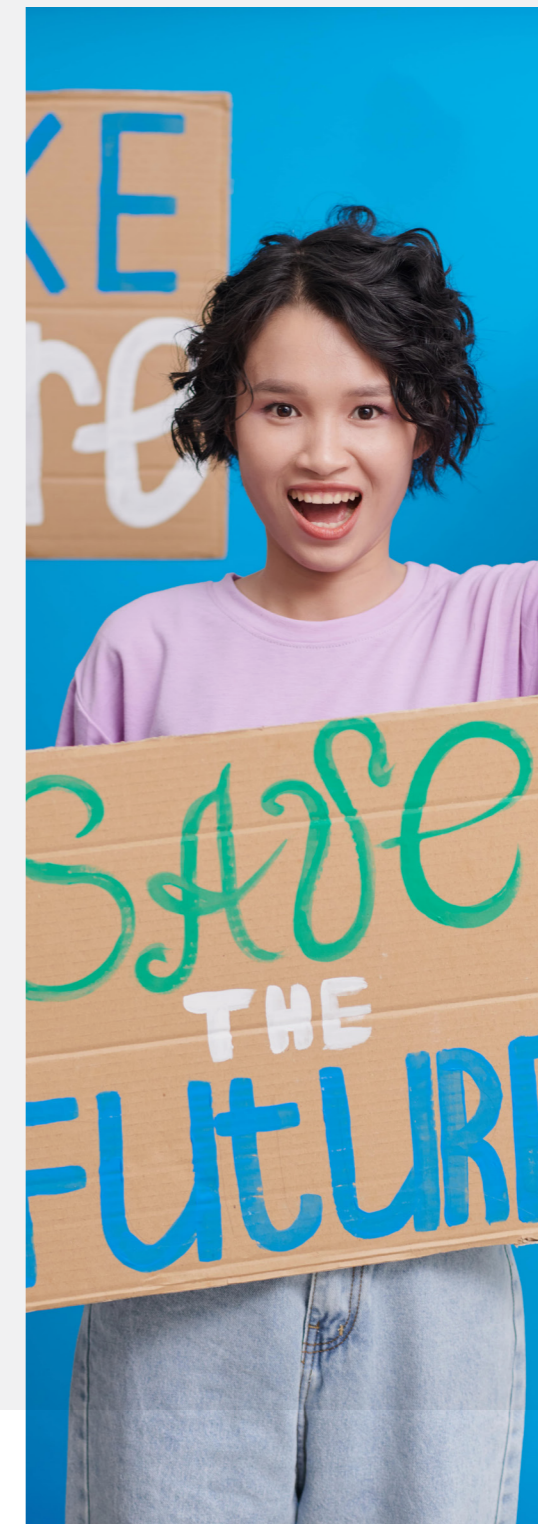


Who We Are

We are an education and advocacy group who believe that the best way to minimize harm done by drugs and alcohol is to maximize prevention and demand reduction efforts.

To deny or delay uptake of substances for those still in brain development growth is best-practice for both biological and mental health (up to @ 30 years of age). We try to achieve this goal by our 3 pillars; Education, Resourcing and Advocacy.

Our goal is to assist governments, communities, schools, sporting clubs and other community groups to promote best practice prevention models in the alcohol and other drug arena.



OUR MISSION

Our endeavour is to assist Australian Governments, Communities, Schools, Sporting Clubs, Churches and Service Clubs to rediscover the proactive and protective options of best practice prevention models in the alcohol and other drug arena. In so doing to present society and the emerging generation in particular, with positive and viable prevention and demand reduction options around alcohol and substance use and abuse.

**Minimising Harm
By Maximising
Prevention**



Dalgarno Institute's history

The Dalgarno Institute was named after a woman who was a key figure in the early reformation movements of the mid-19th Century. Isabella Dalgarno personified the spirit of a large and growing movement of socially responsible people who had a heart for both social justice and social responsibility. These other focused people took on the prevailing culture blighted by alcohol abuse, and the associated marginalization of women and children along with corruption and bigotry. They stood up against it and said 'enough is enough.' They were ridiculed, belittled and seemed powerless against corrupt attitudes and officials, but they cared enough about the community and nation to make a difference. They sought to change the landscape, and they did. In fact, it took the concerted effort of these altruistic folk to 'nudge' the Government of the day to start making changes.



Dalgarno Institute

01

Some hard facts

Organisation:
Dalgarno Institute

Movement Commenced:
1884

Funding:
Not For Profit

Reach:
3000 website visitors/mo

Dalgarno Institute

Minimising Harm By Maximising Prevention

02

Our Vision

"To shift the community and particularly adolescent, young adult and family attitudes about alcohol and other drugs away from the cultural expectation of participation, to consider the best health practice of 'not having to'. Through our Education, Advocacy and Resource process we seek to relevantly engage, educate and recalibrate culture values and develop community and individual resiliency through 'Fence building' (as different to ambulance driving) processes including demand reduction focused curriculum delivery, training, strategic partnerships and sponsorship of other proactive primary prevention-based community strategies."

OUR COMMITMENT

The Dalgarno Institute is one of the longest standing Not-for-Profit community-based, public interest, health education charities in Australia. Demand Reduction, Primary Prevention & Recovery Alumni are our Focus.

As an Alcohol & Other Drug (AOD) Education – Advocacy and Resourcing Coalition, we are consistently working to make our communities and their families, safer, healthier, stronger, and subsequently more resilient.

OUR PEOPLE

People power remains one of the greatest forces for change, even in our incredibly manipulated market driven culture. Yes, it's true that social media can and does sway the public perception, but it is people, good people, that care enough to put themselves 'out there' that make real a difference community life. One reason is that they realize for humanity to thrive, it needs support, education and understanding in making best-practice decisions on health and wellbeing.

Social Responsibility

True Story

However, before that, there wasn't much that stood between the society and destruction from the systemic problem of alcohol and other substance abuse.

One such event will give you an idea of what these earlier proactive and protective people were up against. Mrs. Dalgarno was involved at a Melbourne Total Abstinence Society Meeting in 1844 at Scots School, when a bunch of drunken thugs, led by Phillip Anderson from the Commercial Inn, burst into the meeting and with a violence inflamed by alcohol, tore the meeting apart and trashed furniture, broke windows and assaulted, what Anderson and his mob called, the 'water demons'. (Yep, you read right!)



Some hard facts

Organisation:

Dalgarno Institute

Movement Commenced:

1884

Funding:

Not For Profit

Reach:

7000 Subscribers



01

'Fence Builders' not 'Ambulance Drivers'

Preventative Process

We seek to deliver intervention, protective and preventative processes based on well thought through anthropologically sound evidence-based practice.

Direction & Clarity

Good and workable prescriptions matter, giving children and their families not only direction and clarity, but also sound foundational life motivators such as hope, purpose and meaning.

02

... The Niche

But it gets worse! To add insult to injury when Mr. Anderson was brought to the courts to give account for his reckless, violent and shocking behaviour, he was confronted by an ally on the bench. The magistrate who was to hear the charges was Mr. Hull, a wholesale spirits merchant!

So here we have an orderly meeting attended by sober people wanting to see change for a society being wrecked by alcohol, being violently destroyed by drunken thugs, then coming to a key purveyor of the very substance that is destroying not only properties, but individuals and families.

Your guess as to what happened next? Magistrate Hull said that it was inappropriate for a woman to speak before men and in essence, if she had held her tongue and not spoken out against drunkenness in such a challenging manner, she and her meeting would not have been set upon... So, the charges were dismissed, and what's more the Total Abstinence Society had to pay Mr. Anderson's costs!

Only days later, a pub owner of the Scottish Hotel in Bourke St was presented to the same Magistrate Hull,

on charges of horse whipping the President of the Total Abstinence Society for calling him a "procurer of whores". For this brutal and vicious attack he was fined a laughably low amount... Such was the sway of certain elements of the Alcohol industry, and the indifferent and egocentric government, over the culture.

It doesn't take any great insight to see that the need for intervention is back on the table!

The Dalgarno Institute is a growing coalition of groups, agencies and individuals, all founded on over 150 years of heritage in social and cultural impact. This community based and community empowered health education charity continues to build on the incredible service of past groups, organisations and unions across the nation. Concerned Australians who didn't simply protest a problem, but provided positive alternatives and enacted social justice and social responsibility changes that resonated for decades in individual, family and community lives.

They cared enough about the community and nation to make a difference.



What we do.



Our Action & Objectives

General Information

ORGANISATION	COMMENCEMENT	FUNDING	REACH
Dalgarno Institute	1884	Not For Profit	3000 visitors per month

Pushing Back Against Drug Normalisation

Dalgarno Institute’s work is in pushing back against the ever-increasing drug normalisation agenda emerging in our communities. This disturbing normalisation agenda is already causing catastrophic effects in every part of society from mental health and health issues as well as familial and intimate partner violence. It is also adding to child neglect, drink/drug driving incidences as well as, high infant mortality rates and long-lasting chronic health issues from birth into adulthood.

Normalisation is increasing drug uptake in the workforce and the concerning outcomes of that – not to forget, the economic costs and financial burden on governments and, in turn, the taxpayers.

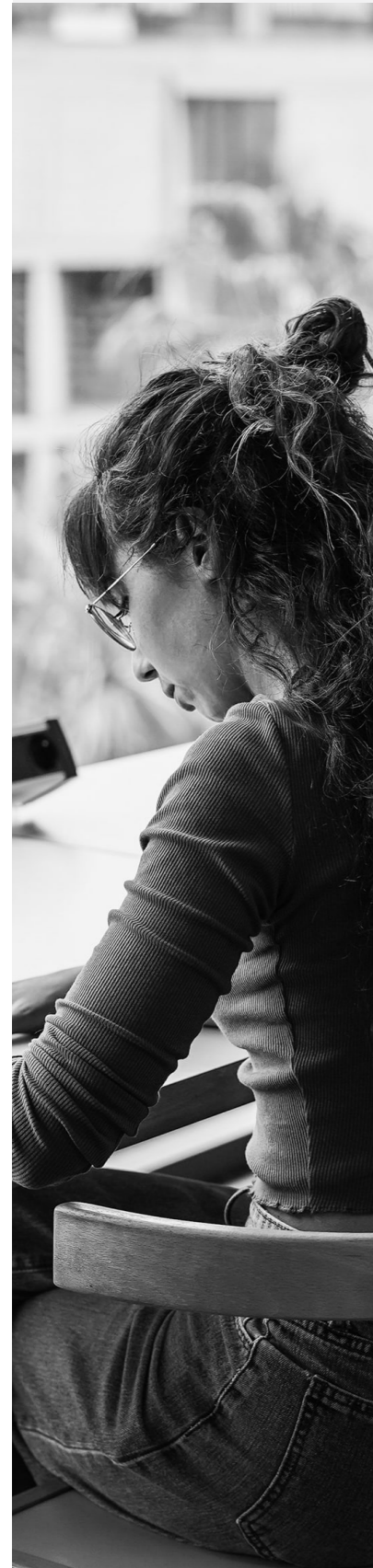
Our Goals

Our goal is to develop and effectively promote our education programs and resources to schools, communities, various government sectors, clubs and educators all over Australia via direct contact, advertising, social media, and promotional material.

Our Mission

‘To shift the community and particularly adolescents, young adults and family attitudes about alcohol and other drugs away from the cultural expectation of participation, to consider the best practice option of ‘not having to’. Through our Education, Advocacy and Resourcing process we seek to relevantly engage, educate, recalibrate culture values and develop community and individual resiliency through ‘Fence building’ (as different to ambulance driving’) processes including demand reduction focused curriculum delivery, strategic partnerships and sponsorship of other proactive primary prevention-based community strategies.’

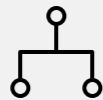
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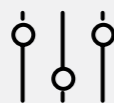
The Solutions



Education



Advocacy



Resourcing



Increase our impact by engaging more with:



GOVERNMENT

The Dalgarno Institute has long subscribed to both a 'top down and bottom up' approach to the AOD issue. Legislation and Education together are far better at shifting culture than either one is alone. That is why we don't simply work in the community, but for it, with our advocacy on policy and legislation.

Our engagement with governments across Australia is to provide guidance on best practice primary prevention and demand reduction advice from emerging research on alcohol and other drugs from most recent industry research.

Our goals (funding permitted) also include to engage with and support both state and federal governments with any alcohol and other drug (AOD) enquiries. We endeavour to ensure the voice for best-practice primary prevention and recovery is not only better understood by governments but is reflected in both policy making and implementation. Therefore, equipping our communities with best public health policy and advice in developing and deploying AOD programs and services for the community.

It reaffirms Dalgarno Institute's commitment to always prioritize the delivery of the most current evidence-based alcohol & other drug information to governments, enabling greater public transparency & accountability around correct interpretation and implementation concerning alcohol and other drug policies.



EDUCATION

We will continue to develop and hone our education resources utilizing various evidence-based mediums and mechanisms. These will assist the facilitator to educate through various curricula, incursions, classroom tools, including mentoring/coaching aids and other instructional/ teaching methodologies. We aim to do this by offering accredited training packages.

Some of the education resources we have already produced and deploy into schools and the community are:

- "No Brainer" education program
- "21 Be There" and "Greaterrisk.com"
- "Humpty Dumpty Resilience Education" Mentoring Program
- "I Wish I Never" Curriculum
- "Party Girl" Curriculum
- Accredited training packages - in development



SOCIAL / HEALTH CARE WORKERS

We will assist allied health workers to understand and interpret the latest research available and by giving insights into often misunderstood substance use manifestations. This will help them better understand some of the alcohol and other drug complications that arise from use and aid with better targeted interventions.



STUDENTS

We will equip students from all sectors in building effective resiliency developing strategies around healthy addressing alcohol and other drug contagions in the culture. Also, to help students develop healthier and more robust personhood, along with building capacity into students, equipping them to resist pressures around substance use engagement in the ever-increasing drug normalisation messaging.

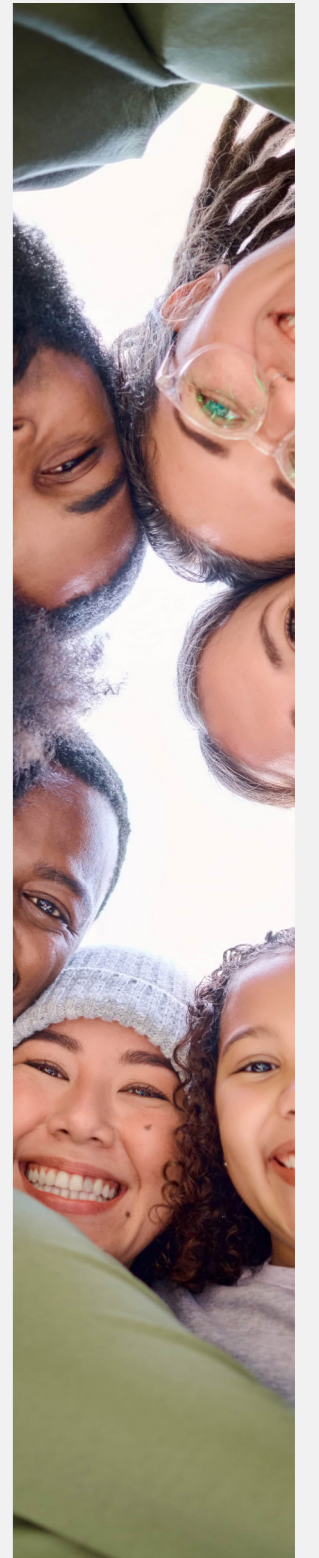


COMMUNITY GROUPS

Dalgarno Institute aims (funding dependent) to work across all levels of society to continuously refresh our community engagement methods. We aim to develop partnerships with stakeholders to capture and support emerging alcohol and other drug trends, information and research, and provide effective education and advocacy tools to equip the community and its families.

We aim to create opportunities for community groups, particularly the Recovery Alumni, to engage with Dalgarno Institute where they can ask for the most up to date information on alcohol and other drugs and to deliver tailored specialist training and information forums.

Ultimately, we want to help create a network of community groups aware of alcohol and other drug issues and to be forces for change in their communities and spheres of influence.



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More Than 30 Advocacy & Education Programs

Implementation

Our milestones to date:

Organisation structure



BOARD OF DIRECTORS



EXECUTIVE DIRECTOR



AFFILIATED RESEARCH AND EDUCATION PARTNERS



VOLUNTEERS

Milestones



"NO BRAINER" EDUCATION PROGRAM



"21 BE THERE" AND "GREATERRISK.COM"



"HUMPTY DUMPTY RESILIENCE EDUCATION" MENTORING PROGRAM



"I WISH I NEVER" CURRICULUM



"PEOPLE AGAINST DRINK/DRUG DRIVING"



SPEAKING AT NATIONAL AND INTERNATIONAL DRUG CONFERENCES



SPEAKING TO DRUG PARLIAMENTARY INQUIRIES, BOTH STATE AND FEDERAL



APPEARING ON RADIO AND TV



ECOSOC STATUS WITH THE UNITED NATIONS



NATIONAL SPEAKING TOUR WITH INTERNATIONAL GUESTS "THE CANNABIS CONNUNDRUM"



FENCE BUILDER "THE FENCE OR THE AMBULANCE"



ISABELLA'S LIST "PREVENTION FOR LIFE" INITIATIVE



Costs Breakdown



Budget

YEARLY BUDGET

• Education Manager (all hours and contractor invoices)	\$ 90,000
• Support staff (social media, CRM staff)	\$ 75,000
• Equipment (Laptop, sound equipment)	\$ 19,750
• Vehicles (Van for equipment/staff car/maintenance/fuel)	\$ 75,500
• IT development	\$ 2,500
TOTAL (per year)	\$ 262,750

VALID TO:

31 / 12 / 2023

ORGANISATION:

Dalgarno Institute

EXECUTIVE DIRECTOR

Shane Varcoe

DATE

20 / 05 / 2023

FUTURE BUDGET TO INCLUDE

• Personnel: Three individuals Manager: \$60k + 15% on costs Trainers x 2: \$55k + 15% on costs Research & Development Officer: \$55k + 15% on costs	\$ 69,000 \$ 126,500 \$ 63,250
• C.P.I Annual increase 3%	\$ 7,763
TOTAL (for personnel per year)	\$ 266,513

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Contribution donation tiers



NOTE

All contributors with a donation of \$100+ will receive quarterly updates and a copy of the annual report. In addition to this, partners will receive our "No Brainer" and "Fence Builder" e-news letters.

DONATION TIERS

• Supporter \$1-\$999	<input type="checkbox"/>
• Heritage Club Partner \$1000 (The Heritage 100 Club)	<input type="checkbox"/>
• Education Partner \$5000	<input type="checkbox"/>
• Platinum Partner \$10,000	<input type="checkbox"/>

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VIC, 3175
AUSTRALIA

CONTACT
EXECUTIVE DIRECTOR:
SHANE VARCOE
M: 0403 100 099
E: DIRECTOR@
DALGARNOINSTITUTE.ORG.AU

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TOKYO DESIGN STUDIO
AUSTRALIA



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Print Name/Title/Position	Signature	Date
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Company Name	Company Address	

Let's make it happen.

Dalgarno Institute

Your invitation



Your donation
is vital and will
save lives.



The invitation is a call to action now!

Partner with us and supply finance that will help other people to find a way out of the grip of alcohol and drugs, or enable us to send others in teach, motivate or devise other ways to stop the spiral of addiction.



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- EDUCATION
- ADVOCACY
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